Spring 2020
Creative Aging Series

INTRO TO WEAVING
March 12, 19, 26 from 9:30-11:30am
Participants will be introduced to a range of weaving techniques, and explore both traditional and nontraditional approaches to process and materials. While practicing the skills of observation, response, and analysis over three weeks, each person will complete a tapestry and leave with an appreciation of weaving.

INTRO TO SHIBORI
April 14, 21, 28 from 9:30-11:30am
Discover shibori, a Japanese resist dyeing method that creates different patterns by folding, tying, and twisting fabric during the dyeing process. In this beginning level workshop, participants will learn about the cultural origins of the process and basic tie techniques while practicing on a series of silk and cotton scarves.

STORYTELLING THROUGH SELF-PORTRAITS
May 5, 12, 19 from 9:30-11:30am
Tell your individual story through the art of self-portraiture. Participants will examine work from other artists and be supported through a variety of media (such as oil pastels, collage, watercolors) to create their own interpretation of a self-portrait.

INTRO TO PAINTING
May 7, 14, 21 from 9:30-11:30am
Join us for a relaxing introduction to acrylic painting. An experienced artist will guide you step-by-step through the creation of three different pieces, answering questions and helping you explore this fun medium. Finished pieces include a landscape, an impressionistic flower image, and brief exploration into the human form.

Registration Details

<table>
<thead>
<tr>
<th>WHO</th>
<th>Adults 55+ of all skill levels</th>
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<tbody>
<tr>
<td>WHERE</td>
<td>WMCAT 614 First St. NW, 3rd floor Grand Rapids, MI 49504</td>
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<tr>
<td>COST</td>
<td>$95 per class</td>
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<td>ENROLL</td>
<td>Visit artstech.wmcat.org/creative-aging or contact <a href="mailto:creativeaging@wmcat.org">creativeaging@wmcat.org</a> or 616-454-7004</td>
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<tr>
<td>DEADLINE</td>
<td>One week prior to the start of each workshop</td>
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